

# Childcare Menu Week 3 - Week Commencing: 13.10.25

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>ORGANIC MILK W/ KIWI, PEAR &amp; MANDARIN</p>	 <p>APPLE, CHEESE, MULTIGRAIN CORN THINS &amp; VEGGIE STICKS</p>	 <p>TROPICAL FRUIT PLATTER W/ ORGANIC MILK</p>	 <p>VITA WEATS W/ CHEDDAR CHEESE &amp; CRUDITES</p>	 <p>ORGANIC MILK, BANANA &amp; APPLE</p>
LUNCH	 <p>SPAGHETTI BOLOGNAISE W/ CHEDDAR CHEESE</p>	 <p>CHEESY VEGETABLE LASAGNE</p>	 <p>SANDWICHES: ROAST CHICKEN, LETTUCE &amp; CHEESY CARROT / ROAST BEEF, TOMATO, PEPITA PESTO SUSHI: TERIYAKI CHICKEN &amp; AVOCADO</p>	 <p>CHICKEN &amp; PINEAPPLE CURRY W/ BROWN RICE &amp; PEAS &amp; CORN</p>	 <p>AUSSIE BEEF BURGER W/ BEETROOT</p>
AFTERNOON TEA	 <p>WHOLEMEAL GARLIC BREAD W/ ORANGE WEDGES</p>	 <p>APPLE &amp; SULTANA SCROLL</p>	 <p>TROPICANA PIZZA</p>	 <p>PEACH &amp; PEAR / BLUEBERRY CRUMBLE W/ ORGANIC YOGHURT</p>	 <p>TUNA &amp; CHIVE DIP/ TOMATO &amp; CHEESE DIP W/ BROWN RICE CRACKERS</p>